



# Personal Selection: the strength evolution continues...



## DESIGN REFINED BY YOU

Selection has just got better! Since its inception, Selection Line has set new standards in design in the selectorised strength market. Visual Set Up, ergonomic Bioseats and Biomotion have become industry standard benchmarks. Today, we have created the new Personal Selection based on your feedback. Personal Selection introduces 3 new concepts for your clients to enjoy.



### FRONT WEIGHT COVER

Selection front weight cover brings a new feel to the product and gives the user an enhanced safety feature whilst exercising.



### TOWEL LOCKING DEVICE

Selection Towel Locking Device is an innovative solution to an everyday problem in the gym – how can I place my towel over the machine whilst I am exercising without it falling down? The Towel Locking Device is a simple way to hold your towel in place and help each user keep the machine clean and dry for the next user.



### TOP COVER

Selection Top Cover has been enlarged to help all users to easily identify and read the Instructions and Exercises – some users eyesight is not as good as it was but we still want them to be able to enjoy using their equipment.

## EASY TO USE



**WELLNESS MATE™** (Wellness System Compatible)  
The new interface characterised by an LCD display.

The Selection machines support two types of users interfaces which make it possible to monitor all the parameters of the exercise, interactively guiding and correcting the user during the exercise. Wellness Mate and Power Control are the interfaces for integrating the Selection machines with the Wellness System.



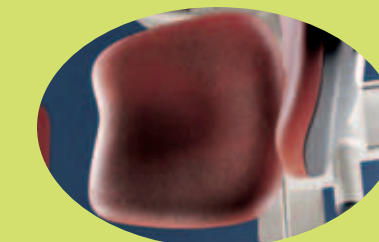
**POWER CONTROL**  
Characterised by an LED display.



**VISUAL SET UP**  
Follow the yellow.

The levers, buttons and pins are yellow, so even the most inexperienced user can correctly and quickly set up each Selection machine without needing assistance from your trainers.

## COMFORT



### BIOSEAT

Ensured comfort and correct posture.

Everyone will enjoy using Selection equipment because it is comfortable, safe and effective.

## BIOMECHANICS



### BIOMOTION™

The pleasure of natural movements.

Each movement will be easy and enjoyable, even by people with limited functional abilities.

PERSONAL SELECTION

Wellness in motion™

# PERSONAL SELECTION



**Shoulder Press - M969**  
 Length mm 980 in 39 Weight Stack - Standard kg 65 lbs 130  
 Width 1400 55 Weight Stack - Plus 95 190  
 Height 1495 59



**Delts Machine - M993**  
 Length mm 1185 in 47 Weight Stack - Standard kg 100 lbs 200  
 Width 1180 46 Weight Stack - Plus 130 260  
 Height 1485 58



**Chest Press - M970**  
 Length mm 1350 in 53 Weight Stack - Standard kg 100 lbs 200  
 Width 1450 57 Weight Stack - Plus 130 260  
 Height 1650 65



**Chest Incline - M965**  
 Length mm 1530 in 60 Weight Stack - Standard kg 100 lbs 200  
 Width 1430 56 Weight Stack - Plus 130 260  
 Height 1500 59



**Pectoral Machine - M913**  
 Length mm 1315 in 52 Weight Stack - Standard kg 100 lbs 200  
 Width 1380 54 Weight Stack - Plus 130 260  
 Height 1485 58



**Vertical Traction - M971**  
 Length mm 1500 in 59 Weight Stack - Standard kg 100 lbs 200  
 Width 1315 52 Weight Stack - Plus 130 260  
 Height 1860 73



**Pull-down - M949**  
 Length mm 950 in 37 Weight Stack - Standard kg 100 lbs 200  
 Width 1295 51 Weight Stack - Plus 130 260  
 Height 1885 74



**Pulley - M914**  
 Length mm 1800 in 71 Weight Stack - Standard kg 95 lbs 190  
 Width 1360 54 Weight Stack - Plus 125 250  
 Height 1800 71



**Arm Curl - M992**  
 Length mm 884 in 35 Weight Stack - Standard kg 65 lbs 130  
 Width 1300 51 Weight Stack - Plus 95 190  
 Height 1370 54



**Arm Extension - M945**  
 Length mm 1020 in 40 Weight Stack - Standard kg 70 lbs 140  
 Width 1440 57 Weight Stack - Plus 100 200  
 Height 1485 58



**Lat Machine - M912**  
 Length mm 1220 in 48 Weight Stack - Standard kg 100 lbs 200  
 Width 845 33 Weight Stack - Plus 130 260  
 Height 2210 87



**Abdominal Crunch - M957**  
 Length mm 1280 in 50 Weight Stack - Standard kg 65 lbs 130  
 Width 1050 41 Weight Stack - Plus 95 190  
 Height 1485 58



**Total Abdominal - M983**  
 Length mm 1237 in 49 Weight Stack - Standard kg 95 lbs 190  
 Width 998 40 Weight Stack - Plus 125 250  
 Height 1491 59



**Lower Back - M958**  
 Length mm 1210 in 48 Weight Stack - Standard kg 65 lbs 130  
 Width 1030 41 Weight Stack - Plus 95 190  
 Height 1485 58



**Rotary Torso - M950**  
 Length mm 1185 in 47 Weight Stack - Standard kg 65 lbs 130  
 Width 1123 44 Weight Stack - Plus 95 190  
 Height 1485 58



**Upper Back - M946**  
 Length mm 1190 in 47 Weight Stack - Standard kg 65 lbs 130  
 Width 1145 45 Weight Stack - Plus 95 190  
 Height 1485 58



**Low Row - M980**  
 Length mm 1135 in 45 Weight Stack - Standard kg 95 lbs 190  
 Width 1205 47 Weight Stack - Plus 130 260  
 Height 1485 58



**Leg Press - M951**  
 Length mm 2070 in 81 Weight Stack - Standard kg 190 lbs 380  
 Width 1200 47 Weight Stack - Plus 250 500  
 Height 1800 71



**Leg Extension - M991**  
 Length mm 1300 in 51 Weight Stack - Standard kg 95 lbs 190  
 Width 1050 41 Weight Stack - Plus 125 250  
 Height 1485 58



**Leg Curl - M990**  
 Length mm 1300 in 51 Weight Stack - Standard kg 95 lbs 190  
 Width 1050 41 Weight Stack - Plus 125 250  
 Height 1485 58



**Glute - M979**  
 Length mm 1105 in 44 Weight Stack - Standard kg 70 lbs 140  
 Width 1310 52  
 Height 1800 72



**Adductor - M917**  
 Length mm 1415 in 56 Weight Stack - Standard kg 70 lbs 140  
 Width 850 33 Weight Stack - Plus 100 200  
 Height 1195 47



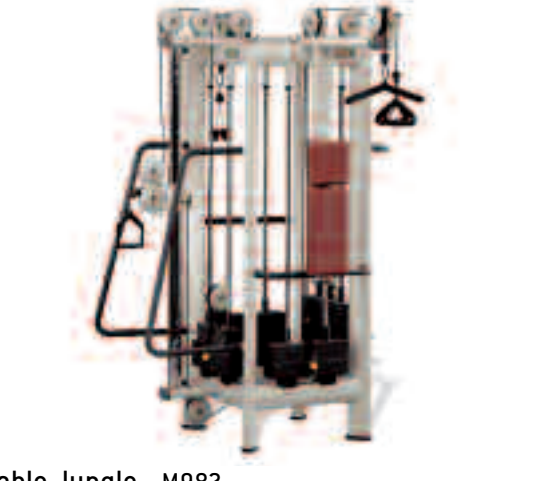
**Abductor - M918**  
 Length mm 1400 in 55 Weight Stack - Standard kg 70 lbs 140  
 Width 850 33 Weight Stack - Plus 100 200  
 Height 1195 47



**Rotary Calf - M915**  
 Length mm 1380 in 54 Weight Stack - Standard kg 65 lbs 130  
 Width 980 39 Weight Stack - Plus 95 190  
 Height 1485 58



**Multi Hip - M967**  
 Length mm 1220 in 48 Weight Stack - Standard kg 95 lbs 190  
 Width 1110 44 Weight Stack - Plus 125 250  
 Height 1530 60



**Cable Jungle - M982**  
 Length mm 1920 in 76 Weight Stack - Standard/Weight Stack - Plus  
 Width 1680 66 kg 50/70/50/225  
 Height 2290 90 lbs 100/140/100/55



**Ercolina - M928**  
 Length mm 625 in 25 Weight Stack - Standard kg 275 lbs 55  
 Width 685 27 Weight Stack - Plus 50 100  
 Height 2420 95 Weight Stack - Oversize 65 130



**Ercolina Rehab - M959**  
 Length mm 780 in 31 Weight Stack - Standard kg 275 lbs 55  
 Width 685 27 Weight Stack - Plus 50 100  
 Height 2420 95 Weight Stack - Oversize 65 130



**Crossover Cables - M924**  
 Length mm 685 in 27 Weight Stack - Standard kg 275 lbs 55  
 Width 3220 127 Weight Stack - Plus 50 100  
 Height 2420 95 Weight Stack - Oversize 65 130



**Multipower - M953**  
 Length mm 1381 in 54  
 Width 2094 82  
 Height 2495 98



**Easy Chin/Dip - M987**  
 Length mm 1680 in 66 Weight Stack - Standard kg 110 lbs 220  
 Width 1426 56  
 Height 2682 105



**Incline Bench Press - P919**  
 Length mm 1935 in 76 Available with Integrated Plate Rack.  
 Width 1316 52  
 Height 1510 59



**Flat Bench - P914**  
 Length mm 1188 in 46  
 Width 700 28  
 Height 560 22



**Horizontal Bench Press - P924**  
 Length mm 1250 in 49 Available with Integrated Plate Rack.  
 Width 1320 52  
 Height 1627 64



**Adjustable Bench - P920**  
 Length mm 1187 in 46  
 Width 688 27  
 Height 1300 51



**Scott Bench - P917**  
 Length mm 1060 in 42  
 Width 780 31  
 Height 1001 39



**Crunch Bench - P915**  
 Length mm 1440 in 57  
 Width 657 26  
 Height 852 34



**Lower Back Bench - P925**  
 Length mm 1215 in 48  
 Width 661 26  
 Height 722 28



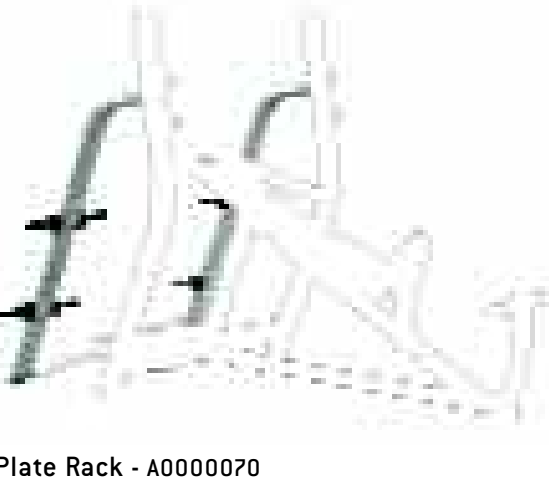
**Vertical Bench - P922**  
 Length mm 1180 in 46  
 Width 661 26  
 Height 1851 73



**Disk Rack - A0000078**  
 Length mm 755 in 30  
 Width 755 30  
 Height 860 34



**Barbell Rack - A0000071**  
 Length mm 630 in 25  
 Width 920 36  
 Height 1285 51



**Plate Rack - A0000070**  
 Length mm 330 in 13 Available on Horizontal Bench Press and Incline Bench Press.  
 Width 580 in 23

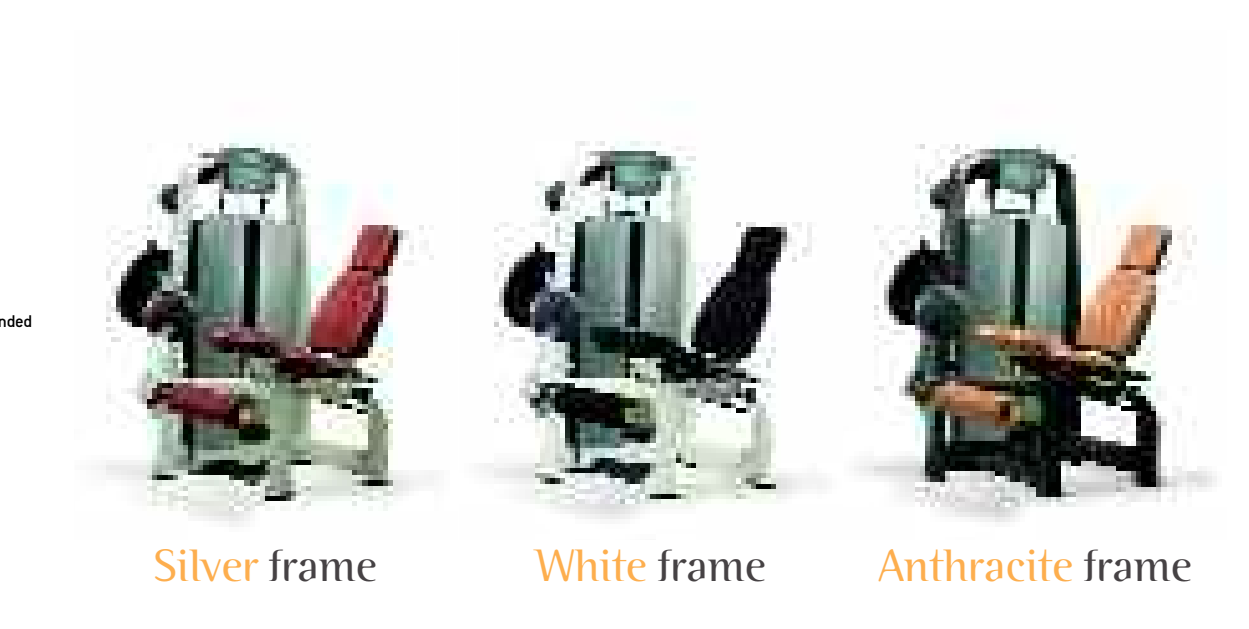
**Colour range**

High resistance to: abrasions, ageing, stains, oil, disinfectant, bacteria, mildew.

The frames are subjected to a painting process with high resistance powders and furnace baked. They have a high quality finish that is tough and highly scratch resistant.

Frame codes	Upholstery codes						
	V. Black	M. Bordeaux	Z. Light Brown	Y. Brilliant Blue	K. Aviation Blue	W. Brilliant Green	J. Red
AL. Silver (Metalized)	✓	✓	✓	✓	✓	✓	✓
BN. White	✓	✓	✓	✓	✓	✓	✓
AN. Anthracite	✓	✓	✓	✓	✓	✓	✓

✓ recommended  
 \* possible



Silver frame White frame Anthracite frame