



Be tempted by emotions



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PERSONAL SELECTION

THE STRENGTH EVOLUTION CONTINUES

36/06

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Personal Selection: the strength evolution continues...



DESIGN REFINED BY YOU

Selection has just got better! Since its inception, Selection Line has set new standards in design in the selectorised strength market. Visual Set Up, ergonomic Bioseats and Biomotion have become industry standard benchmarks.

Today, we have created the new Personal Selection based on your feedback.

Personal Selection introduces 3 new concepts for your clients to enjoy.



FRONT WEIGHT COVER

Selection front weight cover brings a new feel to the product and gives the user an enhanced safety feature whilst exercising.



TOWEL LOCKING DEVICE

Selection Towel Locking Device is an innovative solution to an everyday problem in the gym – how can I place my towel over the machine whilst I am exercising without it falling down? The Towel Locking Device is a simple way to hold your towel in place and help each user keep the machine clean and dry for the next user.



TOP COVER

Selection Top Cover has been enlarged to help all users to easily identify and read the Instructions and Exercises – some users eyesight is not as good as it was but we still want them to be able to enjoy using their equipment.

EASY TO USE



WELLNESS MATE™ (Wellness System Compatible)

The new interface characterised by an LCD display.



The Selection machines support two types of users interfaces which make it possible to monitor all the parameters of the exercise, interactively guiding and correcting the user during the exercise.

Wellness Mate and Power Control are the interfaces for integrating the Selection machines with the Wellness System.



POWER CONTROL

Characterised by an LED display.

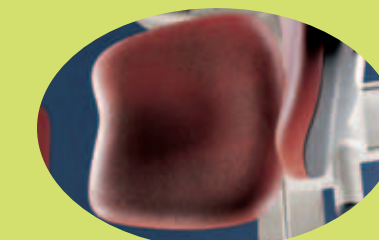


VISUAL SET UP

Follow the yellow.

The levers, buttons and pins are yellow, so even the most inexperienced user can correctly and quickly set up each Selection machine without needing assistance from your trainers.

COMFORT



BIOSEAT

Ensured comfort and correct posture.

Everyone will enjoy using Selection equipment because it is comfortable, safe and effective.

BIOMECHANICS



BIOMOTION™

The pleasure of natural movements.

Each movement will be easy and enjoyable, even by people with limited functional abilities.

PERSONAL SELECTION

Wellness in motion™

PERSONAL SELECTION



Shoulder Press - M969
 Length mm 980 in 39 Weight Stack - Standard kg 65 lbs 130
 Width 1400 55 Weight Stack - Plus 95 190
 Height 1495 59



Delts Machine - M993
 Length mm 1185 in 47 Weight Stack - Standard kg 100 lbs 200
 Width 1180 46 Weight Stack - Plus 130 260
 Height 1485 58



Chest Press - M970
 Length mm 1350 in 53 Weight Stack - Standard kg 100 lbs 200
 Width 1450 57 Weight Stack - Plus 130 260
 Height 1650 65



Chest Incline - M965
 Length mm 1530 in 60 Weight Stack - Standard kg 100 lbs 200
 Width 1430 56 Weight Stack - Plus 130 260
 Height 1500 59



Pectoral Machine - M913
 Length mm 1315 in 52 Weight Stack - Standard kg 100 lbs 200
 Width 1380 54 Weight Stack - Plus 130 260
 Height 1485 58



Vertical Traction - M971
 Length mm 1500 in 59 Weight Stack - Standard kg 100 lbs 200
 Width 1315 52 Weight Stack - Plus 130 260
 Height 1860 73



Pulldown - M949
 Length mm 950 in 37 Weight Stack - Standard kg 100 lbs 200
 Width 1295 51 Weight Stack - Plus 130 260
 Height 1885 74



Pulley - M914
 Length mm 1800 in 71 Weight Stack - Standard kg 95 lbs 190
 Width 1360 54 Weight Stack - Plus 125 250
 Height 1800 71



Arm Curl - M992
 Length mm 884 in 35 Weight Stack - Standard kg 65 lbs 130
 Width 1300 51 Weight Stack - Plus 95 190
 Height 1370 54



Arm Extension - M945
 Length mm 1020 in 40 Weight Stack - Standard kg 70 lbs 140
 Width 1440 57 Weight Stack - Plus 100 200
 Height 1485 58



Lat Machine - M912
 Length mm 1220 in 48 Weight Stack - Standard kg 100 lbs 200
 Width 845 33 Weight Stack - Plus 130 260
 Height 2210 87



Abdominal Crunch - M957
 Length mm 1280 in 50 Weight Stack - Standard kg 65 lbs 130
 Width 1050 41 Weight Stack - Plus 95 190
 Height 1485 58



Total Abdominal - M983
 Length mm 1237 in 49 Weight Stack - Standard kg 95 lbs 190
 Width 998 40 Weight Stack - Plus 125 250
 Height 1491 59



Lower Back - M958
 Length mm 1210 in 48 Weight Stack - Standard kg 65 lbs 130
 Width 1030 41 Weight Stack - Plus 95 190
 Height 1485 58



Rotary Torso - M950
 Length mm 1185 in 47 Weight Stack - Standard kg 65 lbs 130
 Width 1123 44 Weight Stack - Plus 95 190
 Height 1485 58



Upper Back - M946
 Length mm 1190 in 47 Weight Stack - Standard kg 65 lbs 130
 Width 1145 45 Weight Stack - Plus 95 190
 Height 1485 58



Low Row - M980
 Length mm 1135 in 45 Weight Stack - Standard kg 95 lbs 190
 Width 1205 47 Weight Stack - Plus 130 260
 Height 1485 58



Leg Press - M951
 Length mm 2070 in 81 Weight Stack - Standard kg 190 lbs 380
 Width 1200 47 Weight Stack - Plus 250 500
 Height 1800 71



Leg Extension - M991
 Length mm 1300 in 51 Weight Stack - Standard kg 95 lbs 190
 Width 1050 41 Weight Stack - Plus 125 250
 Height 1485 58



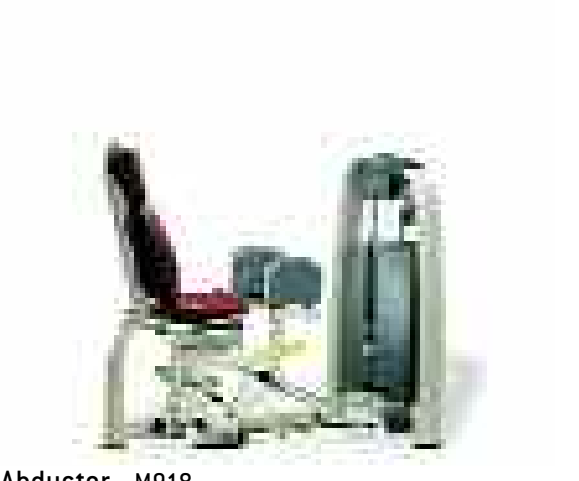
Leg Curl - M990
 Length mm 1300 in 51 Weight Stack - Standard kg 95 lbs 190
 Width 1050 41 Weight Stack - Plus 125 250
 Height 1485 58



Glute - M979
 Length mm 1105 in 44 Weight Stack - Standard kg 70 lbs 140
 Width 1310 52
 Height 1800 72



Adductor - M917
 Length mm 1415 in 56 Weight Stack - Standard kg 70 lbs 140
 Width 850 33 Weight Stack - Plus 100 200
 Height 1195 47



Abductor - M918
 Length mm 1400 in 55 Weight Stack - Standard kg 70 lbs 140
 Width 850 33 Weight Stack - Plus 100 200
 Height 1195 47



Rotary Calf - M915
 Length mm 1380 in 54 Weight Stack - Standard kg 65 lbs 130
 Width 980 39 Weight Stack - Plus 95 190
 Height 1485 58



Multi Hip - M967
 Length mm 1220 in 48 Weight Stack - Standard kg 95 lbs 190
 Width 1110 44 Weight Stack - Plus 125 250
 Height 1530 60



Cable Jungle - M982
 Length mm 1920 in 76 Weight Stack - Standard/Weight Stack - Plus
 Width 1680 66 kg 50/70/50/225
 Height 2290 90 lbs 100/140/100/55



Ercolina - M928
 Length mm 625 in 25 Weight Stack - Standard kg 275 lbs 55
 Width 685 27 Weight Stack - Plus 50 100
 Height 2420 95 Weight Stack - Oversize 65 130



Ercolina Rehab - M959
 Length mm 780 in 31 Weight Stack - Standard kg 275 lbs 55
 Width 685 27 Weight Stack - Plus 50 100
 Height 2420 95 Weight Stack - Oversize 65 130



Crossover Cables - M924
 Length mm 685 in 27 Weight Stack - Standard kg 275 lbs 55
 Width 3220 127 Weight Stack - Plus 50 100
 Height 2420 95 Weight Stack - Oversize 65 130



Multipower - M953
 Length mm 1381 in 54
 Width 2094 82
 Height 2495 98



Easy Chin/Dip - M987
 Length mm 1680 in 66 Weight Stack - Standard kg 110 lbs 220
 Width 1426 56
 Height 2682 105



Incline Bench Press - P919
 Length mm 1935 in 76 Available with Integrated Plate Rack.
 Width 1316 52
 Height 1510 59



Flat Bench - P914
 Length mm 1188 in 46
 Width 700 28
 Height 560 22



Horizontal Bench Press - P924
 Length mm 1250 in 49 Available with Integrated Plate Rack.
 Width 1320 52
 Height 1627 64



Adjustable Bench - P920
 Length mm 1187 in 46
 Width 688 27
 Height 1300 51



Scott Bench - P917
 Length mm 1060 in 42
 Width 780 31
 Height 1001 39



Crunch Bench - P915
 Length mm 1440 in 57
 Width 657 26
 Height 852 34



Lower Back Bench - P925
 Length mm 1215 in 48
 Width 661 26
 Height 722 28



Vertical Bench - P922
 Length mm 1180 in 46
 Width 661 26
 Height 1851 73



Disk Rack - A0000078
 Length mm 755 in 30
 Width 755 30
 Height 860 34



Barbell Rack - A0000071
 Length mm 630 in 25
 Width 920 36
 Height 1285 51

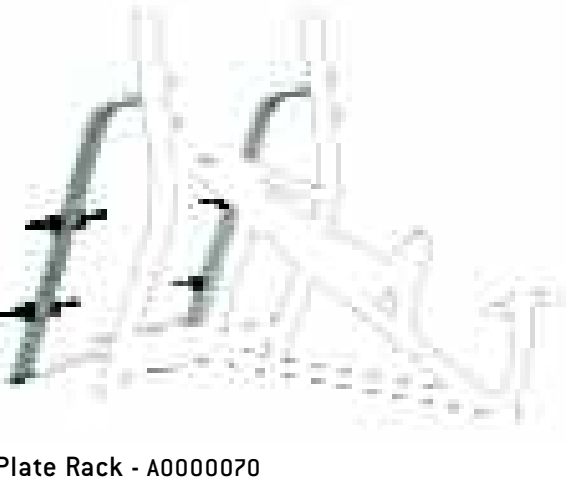


Plate Rack - A0000070
 Length mm 330 in 13 Available on Horizontal Bench Press and Incline Bench Press.
 Width 580 in 23

Colour range
 High resistance to: abrasions, ageing, stains, oil, disinfectant, bacteria, mildew.
 The frames are subjected to a painting process with high resistance powders and furnace baked. They have a high quality finish that is tough and highly scratch resistant.

Frame codes	Upholstery codes						
	V. Black	M. Bordeaux	Z. Light Brown	Y. Brilliant Blue	K. Aviation Blue	W. Brilliant Green	J. Red
AL. Silver (Metalized)	✓	✓	✓	✓	✓	✓	✓
BN. White	✓	✓	✓	✓	✓	✓	✓
AN. Anthracite	✓	✓	✓	✓	✓	✓	✓

✓ recommended
 * possible



Silver frame White frame Anthracite frame